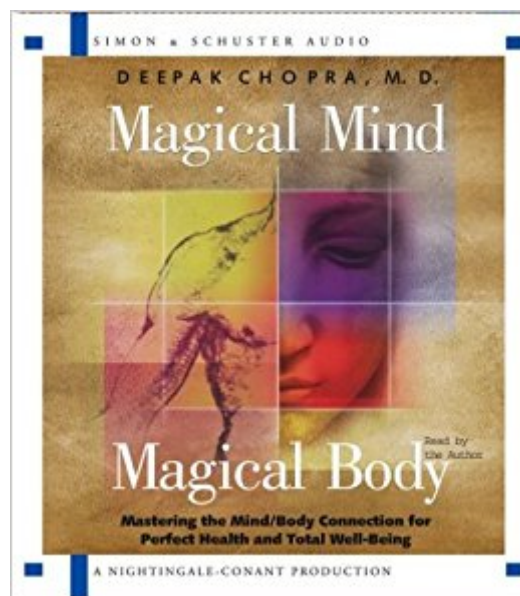




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Magical Mind, Magical Body: Mastering The Mind/Body Connection For Perfect Health And Total Well-Being



Synopsis

With *Magical Mind, Magical Body*, Dr. Chopra helps listeners to uncover the healing power of the mind and utilize the power of quantum healing to gain a perfect balance of mind, body and spirit. In *Magical Mind, Magical Body*, Dr. Deepak Chopra shows you how to reconstruct the blueprint of your body so that you can enjoy perfect health, higher levels of energy and vitality, and enhanced inner peace. This revolutionary approach tells how you can achieve these results through the power of your mind. Chopra explains the "quantum mechanical body" -- a level where thought is turned into physical reality. He tells you how to harness these new insights to make your cells think, and your thoughts move healing energy. In doing so, you will create the kind of health and mental state that you desire.

Book Information

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Customer Reviews

Deepak Chopra, MD, has gained worldwide acclaim as a teacher and writer in fields as diverse as mind-body medicine, Ayurveda, the nature of God, and the path to success. Time magazine called him one of the 100 icons of the twentieth century, "the poet-prophet of alternative medicine."

The author of more than sixty-four books translated into over eighty-five languages, including nineteen New York Times bestsellers, Dr. Chopra has sold more than twenty million copies of his books worldwide. He is the founder of the Chopra Center in Carlsbad, California. Deepak Chopra, MD, has gained worldwide acclaim as a teacher and writer in fields as diverse as mind-body medicine, Ayurveda, the nature of God, and the path to success. Time magazine called him one of the 100 icons of the twentieth century, "the poet-prophet of alternative medicine." • The author of

more than sixty-four books translated into over eighty-five languages, including nineteen New York Times bestsellers, Dr. Chopra has sold more than twenty million copies of his books worldwide. He is the founder of the Chopra Center in Carlsbad, California.

This is a complete version of the Mind and Body and Spirit. If you want to evolve "awareness is the key" Deepak has a gift of putting it in simple western way on thinking with the eastern philosophy. A healthy over all Plan of loving yourself which effects the whole.

I'm listening this this series now for the second time and it is still relevant and valuable. I'm hearing new things that I didn't grasp the first time I listened. References to current news may be dated, but the information is timeless.

I bought this CD set as a gift for my son, I had the old tape series from many years ago and think it is truly 5 star.

thought I was getting ageless body ageless mind, but liked this one, Deepak is always good

Love it. Beautifully written and narrated. Easy to listen to again and again. I have lots of Chopra books and this has new material to enliven my drive to/from work.

I believe it is a wonderful knowledge that one should be thought from time of childhood. Great feeling to hear Deepak Chopra talking and making you understand the laws of this universe and our world. A must to listen! A must to have!

Chopra does not disappoint. He is always full of practical, sound advice for living a more balanced life.

Outstanding. Enjoyed listening to these in my car. Chopra is a wonderful teacher and gets the point across.

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